



IDF Volunteer HANDBOOK

The Immune Deficiency Foundation (IDF) improves the diagnosis, treatment, and quality of life for every person affected by primary immunodeficiency.

We foster a community that is connected, engaged, and empowered through advocacy, education, and research.

Welcome!

Dear Friend,

Welcome to the Immune Deficiency Foundation's Volunteer Network! It is our hope that your volunteer experience will be both rewarding and enjoyable. Your efforts will truly make a difference in the lives of people with primary immunodeficiency (PI).

Volunteering has been at the heart of the Immune Deficiency Foundation (IDF) since it was founded, as the families and healthcare professionals who created IDF did so as volunteers. Even today, while we have a professional staff of 40, IDF is governed by an all-volunteer Board of Trustees, and we make much of our impact in communities throughout the country through the hundreds of volunteers who help advance the mission of IDF—to improve the diagnosis, treatment, and quality of life of people affected by primary immunodeficiency through fostering a community empowered by advocacy, education, and research. IDF provides the latest information and valuable resources along with life-changing programs for individuals and families affected by these rare, chronic disorders.

I anticipate that your volunteer experience will provide you with new friendships, opportunities for personal growth, and the satisfaction that comes from helping others. IDF is committed to creating an environment that is open, accepting, inclusive, and welcoming to everyone who is a part of our community. Please know that you are an important member of that community and we could not carry out the mission of IDF without you.

Thank you so much for choosing to volunteer for IDF and help people with PI!

Sincerely,

A handwritten signature in blue ink that reads "Jorey L. Berry". The signature is fluid and cursive, with the first name "Jorey" being more prominent than the last name "Berry".

Jorey Berry
President & CEO

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For general Information about the IDF Volunteer Network,
contact IDF: volunteer@primaryimmune.org or
410-321-6647

About the Immune Deficiency Foundation

Mission Statement

The Immune Deficiency Foundation improves the diagnosis, treatment, and quality of life of people affected by primary immunodeficiency through fostering a community empowered by advocacy, education, and research.

Founded in 1980, the Immune Deficiency Foundation (IDF) is the national non-profit patient organization dedicated to improving the diagnosis, treatment and quality of life of people affected by PI through fostering a community empowered by advocacy, education and research. There are approximately 500,000 people who are diagnosed with PI in the U.S., and thousands more go undetected.

Primary immunodeficiencies (PI) are a group of more than 450 rare, chronic disorders in which part of the body's immune system is missing or functions improperly. Because one of the most important functions of the normal immune system is to protect us against infection, patients with PI commonly have an increased vulnerability to infections, which can be recurrent, unusually severe, or won't clear up. People with PI can face frequent health problems and often develop serious and debilitating illnesses.

While not contagious, these diseases are caused by hereditary or genetic defects. Although some disorders present at birth or in early childhood, the disorders can affect anyone, regardless of age or gender. Some affect a single part of the immune system; others may affect one or more components of the system. While the diseases may differ, they all share one common feature: each results from a defect in one of the functions of the body's normal immune system.

Years ago, a diagnosis of a PI meant extremely compromised lives, not just for the patients but for their families as well. Today, with early diagnosis and appropriate therapies, many patients diagnosed with a PI can live healthy, productive lives.

Individuals affected by PI often find it difficult to receive proper diagnosis, treatment and specialized healthcare. IDF estimates that the average length of time between onset of symptoms and diagnosis is between nine and 15 years. Patients also experience difficulties financing their healthcare, finding educational materials on the disease and locating others with whom to share their experiences. IDF helps individuals overcome these difficulties.

IDF provides accurate and timely information for patients and families living with PI and offers valuable resources. IDF...

- Helps the patient and medical community gain a broader understanding of PI through education and outreach efforts;
- Promotes, participates in, and conducts research that has helped characterize PI and given patients and physicians substantially improved treatment options;
- Addresses patient needs through public policy programs by focusing on issues such as insurance reimbursement, patient confidentiality, ensuring the safety and availability of immunoglobulin therapy, and maintaining and enhancing patient access to treatment options.

IDF does not charge patients or healthcare professionals for the educational materials or local programming that it provides. This is possible because of the generosity of donors and sponsors who support IDF.

IDF Volunteer Network

The Immune Deficiency Foundation (IDF) has a nationwide network of dedicated volunteers committed to making a difference by supporting the mission of IDF. Some volunteers increase awareness of primary immunodeficiency diseases (PI), while others offer encouragement and understanding to those who live with PI. Some help organize a Walk for PI in their town while another may prefer to advocate for public policy. Whatever your interests or skills, there is a place for you in the IDF Volunteer Network. Your time is valuable, so we have flexible options for even the busiest people.

Your Remarkable Contribution

Volunteers contribute to the overall mission of IDF by providing another layer of support, compassion and skill to our team. As an IDF volunteer, you will have many opportunities to impact the lives of others by sharing your time and talents. It is because of the passion and dedication of our volunteers that IDF is able to assist so many people throughout the country. Volunteers are truly at the heart of what we do.

Volunteer Status with IDF

Volunteers agree that IDF may decide to terminate the volunteer's relationship with IDF at any time, for reasons such as failure to comply with any of the volunteer guidelines or conduct that is not in the best interest of the Foundation.

Similarly, the volunteer may at any time, for whatever reason, decide to end their relationship with IDF. Notice of such a decision should be communicated as soon as possible to the IDF Manager of Volunteer Development (volunteer@primaryimmune.org).

Volunteer Opportunities

At IDF creativity and imagination, mixed with initiative and a caring heart, can make the volunteer experience memorable for everyone. Feel free to share with us how you think you can help. Below are some opportunities of volunteer roles that you can fulfill for IDF:

Community Liaison - Join the Movement to Spread Awareness in Your Community

Be a part of our movement to educate and support IDF's mission. IDF Liaisons assist us in a variety of ways, from reaching out to healthcare professionals and the public to representing IDF at health fairs and community events.

Get Connected Leader - Make Connections in the PI Community

Serve as a support group leader and give the gift of friendship, information and resources. You can help plan and organize regular support group meetings in your local area for people with PI and their family members.

Peer Support Coach – Support Individuals in the PI Community

Getting help from someone who has walked in your shoes can make a huge difference in living with PI. We are seeking volunteers who can provide a listening ear both online and one-on-one for individuals living with PI and their family members. The shared experiences that the Peer Support Coaches offer reassures others that they are not alone.

Health Access Advocate – Make a Difference through Advocacy

Make change happen by reaching out to government officials. Volunteers will work with IDF staff to advocate in their areas. If you like the idea of scheduling meetings with legislators and/or community leaders to educate them about state and federal legislative issues related to PI, then this is the volunteer role for you!

Walk for Primary Immunodeficiency – Lend a Hand to IDF Walk for PI

Work with IDF staff on various areas of planning, including: team formation, team management, outreach to the medical community and day-of-event activities. Join in and help to raise awareness about PI!

Plasma Awareness Coordinator – Motivate Others to Support the PI Community

By sharing your personal story, you help put a “face” to the importance of plasma donation. Plasma Awareness Coordinators represent others in the PI community by expressing their gratitude to plasma donors and plasma center staff. If you are comfortable with occasionally talking to small groups of people at plasma centers about how their support helps to save lives, then contact us today!

Expectations

We’ve compiled this handbook to answer questions and guide you towards having a rewarding volunteer experience.

Universal Volunteer Requirements

- Create a volunteer profile.
- Complete a brief phone interview.
- Review assigned training materials.
- Successfully complete a criminal background check, if age 18 or over.
- Complete and sign the Volunteer Conflict of Interest Statement

What You Can Expect from IDF

IDF will:

- Provide information and support to help you carry out your volunteer duties.
- Keep your information confidential.
- Provide prompt attention to any concerns that may arise.
- Make sure your individual rights are respected and that all volunteers are treated with courtesy and consideration.
- Conduct communications and all business in a spirit of friendliness and cooperation.

What IDF Expects from You as a Volunteer

You will:

- Act in a professional manner and cooperate with fellow volunteers, medical professionals and the public while representing IDF.
- Work jointly with other volunteers in your area who may have the same position title and be supportive of their efforts.
- Perform every task to the very best of your ability while focusing on the mission of IDF.
- Keep IDF informed of activities you are doing in your area.
- Discuss any problem or ask any question to any member of the IDF staff. We encourage you to contribute your suggestions to improve the quality of IDF's programs.
- Take advantage of opportunities for personal development offered to you by IDF.
- Respect the confidential nature of any verbal or written communication you receive regarding patients, caregivers, IDF staff, stakeholders, and the Foundation.
- Report and avoid any direct or indirect conflicts of interest that may exist between IDF and your professional or personal responsibilities.

Volunteer Opportunities

Regardless of the volunteer opportunity you choose, IDF is going to provide you with support in the following ways.

- Guidebooks or information provided via email
- One-to-one calls
- If possible, on-site trainings prior to an event
- Unlimited email access to the Director, Talent Management and Volunteer Coordinator

IDF Volunteer Center

Our volunteers are a valuable resource to the PI community. When you're ready to get involved, simply select the opportunity that matches your interest to get started. Through the IDF Volunteer Center, IDF volunteers will be able to:

- search for available volunteer opportunities and view details about each role
- easily apply/sign-up for volunteer positions that match their interests
- create and update their volunteer account
- review assigned training material(s)
- submit/track their volunteer service hours

Volunteer Guidelines

Attendance & Participation

IDF understands that there will be times when a volunteer may be unable to carry out their duties and will need to take a leave of absence due to illness or other situations. IDF respects the fact that your health and that of your families is always a priority.

In situations where a volunteer anticipates being inactive for a significant period of time, IDF asks that this be communicated to the Manager of Volunteer Development, volunteer@primaryimmune.org, as soon as possible. IDF supports the need for volunteers to take a break and will welcome them back when they are available again.

A great deal of time, resources and finances go into the projects, events and activities offered by IDF. It is important that volunteers are present and on time for their scheduled activities. IDF asks that you please be certain you can commit to the time requirement before you sign up for a volunteer opportunity

If you are not able to fulfill an assignment, please contact your Program Manager as soon as possible. If you cannot get in touch with the individual, please contact the IDF Manager of Volunteer Development, volunteer@primaryimmune.org.

Confidentiality

IDF keeps all names and information shared by the community strictly confidential. While serving as a volunteer, confidential information may be available to you, including the names and contact information of individuals and family members in the PI community. Just as you would want your information protected, you must take all appropriate steps to maintain the confidentiality of such information and use it only for purposes related to IDF activities and not for personal or business activities.

We are entrusting you with the responsibility of protecting against unauthorized, inappropriate, or illegal disclosure or use of such information during and after the time you spend volunteering with IDF. We take this matter extremely seriously. Violations of this policy will result in termination from the volunteer program and could lead to legal action.

Tips to Protect Confidentiality:

- E-mail: When sending e-mails to more than one individual, simply blind carbon copy (Bcc) the recipients, so their names and email addresses are not visible to others. Recipients will appreciate the effort you take to do this.
- Online Discussion/Support Groups: IDF maintains an online presence through many platforms, including: IDF Friends, Facebook, Twitter/X, and Instagram. Private social networking groups have been developed by IDF specifically for individuals living with PI and their caregivers. We ask that you only refer individuals with PI and their family members to any official IDF online discussion groups.
- Industry - IDF does not share any names or contact information of individuals with PI, their family members or volunteers with representatives of companies that provide a product or service to the PI Community, or with anyone else. All such information is strictly confidential to IDF.
- Database: Mailing lists for IDF events will only be available to IDF staff. IDF staff will use their database to complete all mailings for IDF events and meetings. Volunteers are responsible for updating IDF with

contact information received from individuals in the PI community with their permission. You should not create and maintain a mailing list separate from IDF. Updated information should be given to your IDF staff contact.

Conflict of Interest

Each IDF staff member and volunteer of the Immune Deficiency Foundation has a responsibility to avoid any direct or indirect conflict of interest between his or her own personal, professional or business interests and the interests of IDF and to act in the best interests of the Foundation.

Individuals should exercise the utmost good faith, honesty, care, skill and judgment in every transaction relating to his or her duties to IDF.

Individuals should not use IDF assets, employees, information, events or activities for personal use.

Due to perceived conflict of interest, individuals/individuals with an immediate family member employed by a company or organization delivering direct and/or indirect services in the PI community may not be able to volunteer for all opportunities.

Volunteers who find themselves to be in a conflict situation will be asked to complete a disclosure statement which will be reviewed by the IDF Director, Talent Management, volunteer@primaryimmune.org.

Examples of a conflict of interest for IDF volunteers include being paid to:

- Provide support or information to persons living with PI on behalf of a for-profit company or non-profit organization not affiliated with IDF.
- Market a product or provide a service to persons with PI or medical facilities that treat this condition on behalf of a for-profit company.
- Solicit other volunteers, patients or family members to participate in surveys developed by companies providing a product or service to the PI community or outside survey agencies.
- Write articles or develop materials/programs for persons living with PI on behalf of a for-profit company or non-profit company not affiliated with IDF.
- Being an immediate family member who lives in the same household as an individual involved in any of the activities listed above.

Criminal History

IDF has the right to disqualify a volunteer who has a criminal history or engages in criminal activity which indicates behaviors potentially harmful to individuals, documented through a criminal background check or through other information. This decision is made on an individual basis. Any IDF Volunteer shall report immediately to the IDF Manager of Volunteer Development, volunteer@primaryimmune.org, when that volunteer has been accused of any criminal activity. IDF has sole discretion to determine whether information obtained through the background check process disqualifies an individual from serving as a volunteer with the Foundation.

Drugs & Alcohol

Drug Use

Prescription and over the counter medications are permissible if used according to the directions and do not interfere with the volunteer's duties and responsibilities. Volunteers must notify IDF within five days of any convictions for drug violations.

Alcohol Use

At IDF events where alcohol is served, moderate consumption of alcoholic beverages is permitted. As a representative of the IDF Volunteer Network, volunteers who choose to drink alcoholic beverages are expected to behave in a professional manner and adhere to the volunteer policies. Additionally:

- Alcohol is to be restricted to areas designed for consumption of food and drink. **Food must be available for guests.**
- Self-serving of alcoholic beverages at agency functions is prohibited.
- Alcohol is not to be served to minors or anyone who appears to be impaired.
- Safe passage home must be arranged for anyone who appears to be impaired.

Equal Volunteering Opportunity

IDF provides equal volunteering opportunity for everyone regardless of age, gender, color, race, creed, national origin, religion, marital status, political belief, sexual orientation or disability that does not prohibit performance of essential volunteer duties. All matters relating to volunteering are based upon ability to perform the job, as well as dependability and reliability.

Expense Reimbursement

In some situations, an IDF volunteer incurs expenses while conducting business on behalf of the Foundation. Volunteers are expected to ensure that such expenditures are appropriate, that adequate cost control measures are in place, and that reimbursement for authorized expenses is made in a timely manner.

Volunteers will only be reimbursed for pre-approved expenses; such as snacks for Get Connected Meetings — purchases must not be made until approval is given. All expense reimbursements are on a case by case basis and should be discussed with your IDF staff contact to determine if your expense is eligible for reimbursement.

Please note that IDF does not cover the expense of purchasing alcohol.

Financial Policies

To ensure that IDF meets IRS requirements and maintains consistent financial bookkeeping and reporting standards, the subsequent guidelines and policies must be followed.

- Prior to planning an event, please contact IDF.
- All receipts and records must accompany pre-approved expenses.
- All monies raised by the Foundation and its volunteers are the property of the Foundation and will be used towards accomplishing the mission of IDF.
- Contingent upon IDF approval, volunteers may engage in joint fundraisers with other nonprofit organizations provided the fundraisers meet the goals of the Foundation.
- Volunteers cannot sign binding contracts for IDF.

Harassment & Bullying

Harassment

As a part of our commitment to equal opportunity, IDF has adopted an anti-harassment policy. Harassment may take many forms (including bullying), and can be directed at one person or many people. It does not need to be directed at the complainant and can occur if the complainant witnesses another person being bullied or harassed. Any volunteer who engages in harassment based on race, color, religion, national origin, sex, gender, sexual orientation, marital status, disability, age, or other legally protected characteristics, is guilty of misconduct.

Harassment can be conducted in person, over the phone, and via email, text or other electronic or written forms of communication, including social media. Examples of harassment may include derogatory comments regarding a person's race, color, religion, or other protected characteristics, sexually explicit or other offensive images (whether printed or displayed on a computer) and jokes that are based on stereotypes.

Bullying

Bullying may be described as offensive, intimidating, malicious or insulting behavior, an abuse or misuse of power through means intended to undermine, humiliate, denigrate or injure the recipient. Bullying may be physical, verbal or non-verbal conduct.

Unacceptable behavior includes, but is not limited to: spreading malicious rumors, or insulting someone; ridiculing or demeaning someone; deliberately excluding a person from communications or meetings without reason; unfair treatment; overbearing or intimidating supervision or other misuse of power or position; and deliberately undermining a competent person by overloading and constant criticism.

Bullying can include relationships with members of staff, other institution members and members of the public.

IDF volunteers are responsible for keeping our volunteer network free of harassment and bullying. A volunteer, who becomes aware of an incident of harassment or bullying, whether by witnessing the incident or being told of it, must report it to any IDF staff person with whom you feel comfortable.

Interaction with Industry - Companies Providing a Product or Service to the PI Community

IDF has specific standards for how its volunteers should interact with representatives from industry (manufacturers, specialty pharmacies, homecare providers, and other medical product companies) providing a product or service to the PI community. To maintain our impartiality, we ask that all volunteers adhere to the following guidelines:

- Volunteers should **never** share names/contact information of individuals and family members in the PI community with Industry, or anyone to maintain confidentiality.
- It is inappropriate for IDF volunteers to coordinate or help coordinate events for Industry or to invite patients or family members met through IDF to these events.
- IDF Volunteers should not distribute materials created by Industry or others. All IDF publications are approved by the Medical Advisory Committee. For this reason, IDF Volunteers may only distribute IDF developed materials. Volunteer designed materials must be approved by IDF.
- It is inappropriate for IDF volunteers to solicit anyone in the PI community to participate in surveys developed by Industry, outside survey agencies or to support a business where you will gain financially.

- Contact with the national corporate offices of Industry should be made by the IDF office only, unless other arrangements have been approved.
- IDF volunteers should not solicit Industry for funds or items for local events. Sponsorship with Industry is arranged through the IDF national office. Volunteers receiving an offer of support from industry should contact IDF immediately for further direction.
- IDF neither endorses nor censures a specific company, product, healthcare professional or service. IDF and its volunteers must remain separate from any appearance of endorsement or censure.
- It is inappropriate for members of industry to attend the Person-to-Person Discussion Session at an IDF Education Meeting or attend IDF Get Connected Groups. These groups are designed for individuals and family members who live with PI only. In the event that an individual and/or family member living with PI is also employed with or associated with an Industry partner, discussions related to or supporting that product may not occur during the course of the meeting.

Please note: At IDF events such as the National Conference, Retreats, Teen Escapes, Education Meetings, Family Conference Days, Advocacy Day and the Walk for PI exhibits are allowed or are attended by members of industry. IDF staff members attend these events and oversee the activities of the exhibitors.

At these events, IDF recognizes that our industry sponsors offer services and materials that may be of interest to the PI community. In order to receive these services and materials attendees might need to share their personal contact information with sponsors. In order to do this, attendees must be willing to participate, must be informed about how their information will be used and have a way to opt-out of any involvement if they wish in the future. Attendees are not required to provide any information to any exhibitor/sponsor if they choose not to and their confidentiality must be respected. Exhibitors can collect only the following information at events where IDF staff are present:

- Name
- Contact Information
- Status (patient, parent/caregiver, healthcare provider or other)

It is up to each individual whether they want to share their contact information. Volunteers are only able to share their own personal information, if they wish, and not that of other individuals in the PI community.

Medical Advice

- IDF volunteers should never provide medical advice or opinions regarding diagnosis or the treatment of PI.
- Individuals seeking medical advice should be referred to their physician. If an individual does not have a specialist, IDF can help locate one in their area.
- Volunteers should never speak in a derogatory manner regarding a medical professional.

Representing the Immune Deficiency Foundation

Volunteers represent the Immune Deficiency Foundation. It is important to maintain a friendly, polite and professional demeanor when communicating to others on behalf of IDF. When communicating in writing, your signature should include your name, volunteer position and contact information and information.

For example:

Sincerely,
Valerie Volunteer
IDF Liaison
Phone: 123-456-7890
E-mail: valerievolunteer@gmail.com

When communicating face-to-face on behalf of IDF, you should introduce yourself, your volunteer title, and a brief description of the Foundation's mission. For example:

Hello, Ms. Green! My name is Valerie Volunteer. I am a Liaison with the Immune Deficiency Foundation (IDF). IDF, founded in 1980, is the national patient organization dedicated to advocacy, education and research for primary immunodeficiency (PI).

Unusual Occurrences/Non-Emergency

To protect the rights, health and safety of everyone IDF serves, all volunteers are expected to report any unusual occurrences during an IDF event or activity within 24 hours to the IDF Manager of Volunteer Development, volunteer@primaryimmune.org. Unusual occurrences include but are not limited to hospitalization, injury, theft, calling 911 or any incident that has an impact on the health or safety of the individuals served by IDF. If a volunteer is injured while actively volunteering at an IDF event or activity, they must report it immediately to the IDF Manager of Volunteer Development, volunteer@primaryimmune.org. An Incident Report Form must be completed by the volunteer.

Using Social Media

It is important to remember that volunteers representing the Immune Deficiency Foundation (IDF) must exercise good judgment when using social media.

Our policies apply to the use of social media both when explicitly serving as an IDF volunteer, and during personal use when you may still be perceived to be representing IDF:

1. Volunteers must not post disparaging or defamatory statements about:
 - IDF as an organization;
 - IDF staff, members of the PI community, or volunteers past or present;
 - healthcare professionals;
 - industry representatives or businesses; and
 - other affiliates and stakeholders.
2. Volunteers are not permitted to set up social media accounts, groups, or pages on behalf of IDF, or representing IDF without prior consultation with the Manager of Volunteer Development, volunteer@primaryimmune.org.

3. If you disclose your affiliation as a volunteer of IDF, you must also state that your views do not represent those of the Foundation.
4. Remember that you must respect confidentiality at all times and protect confidential information. If you have any questions, contact the Manager of Volunteer Development, volunteer@primaryimmune.org.
5. If you are uncertain or concerned about the appropriateness of any statement or posting, refrain from making the communication until you discuss it with the Manager of Volunteer Development, volunteer@primaryimmune.org.
6. If you see content in social media that disparages or reflects poorly on IDF or our stakeholders, you should report it to the Manager of Volunteer Development, volunteer@primaryimmune.org. All volunteers are responsible for helping to protect the reputation of IDF.

Violence

Violence, or threats of violence, by a volunteer or against anyone else will not be tolerated. If a volunteer receives or overhears any threatening communications or observes physical or verbal confrontation at an IDF sponsored event, the volunteer must report it to IDF staff immediately. Additionally, no volunteer should engage in either a physical or verbal confrontation with anyone.

No IDF volunteer shall bring any gun or weapons to any Foundation sponsored event or activity or onto any other property where the volunteer is representing IDF.

Working with the Media

Volunteers must seek guidance from IDF when providing information to the media in their official roles as volunteers. Only volunteers who have prior approval should speak to the media on IDF's behalf. If you do not and you are contacted by a reporter or blogger, please let them know that IDF will be pleased to respond, but the reporter/media contact must first contact the IDF Manager of Volunteer Development, volunteer@primaryimmune.org, who will put you in touch with the IDF Communications Department which coordinates media contacts.

Volunteer Grievances

Misunderstandings or conflicts can arise. Volunteer grievances are of concern to IDF, regardless of whether problems are large or small. To ensure effective working relations, it is important that such matters be resolved before serious problems develop. Most incidents resolve themselves naturally. However, if a situation persists that a volunteer believes is detrimental to themselves or to IDF, they should speak to IDF Manager of Volunteer Development, volunteer@primaryimmune.org, about the appropriate steps.

IDF encourages high standards of business and personal ethics in the conduct of volunteer duties and responsibilities. To enable volunteers to report concerns, suspected questionable matters or violations of laws and regulations, IDF maintains an email account: hr@primaryimmune.org. All reported concerns will be acknowledged by and addressed within 5 business days.

Stay Updated

It is important to stay updated regarding issues in the IDF community. IDF has many social networks for you to stay engaged and active in the PI community:

- Subscribe to IDF Blog updates: www.primaryimmune.org/blog.
- Attend the Quarterly Volunteer Calls. You will receive an invitation via email to the email address on file in your Volunteer Profile.
- Sign up for IDF Action Alerts:
 - www.primaryimmune.org/idf-advocacy-center/action-alerts/action-alerts-sign-up
- Like IDF on Facebook:
 - www.facebook.com/ImmuneDeficiencyFoundation
 - www.facebook.com/WalkForPI
- Follow IDF on Twitter/X: www.twitter.com/IDFCommunity.
- Follow IDF on Instagram: www.instagram.com/idfcommunity.
- Review IDF materials and become familiar with content.
- Attend national and local IDF meetings and conferences.

IDF Contact Information

Immune Deficiency Foundation

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410-321-6647

volunteer@primaryimmune.org

